



COMMUNITY HEALTH CARE NETWORK

Program Overview:

The **COMMUNITY HEALTH CARE NETWORK** offers primary health care to low-income, uninsured residents of Fairfax County. The South County Health Center, which opened in May, 1990, is located at 8794-S Sacramento Drive, Alexandria; the Bailey's Health Center, which opened in June, 1990, is located at 6196 Arlington Blvd., Falls Church; and the North County Health Center, which opened in February, 1996, is located at 11484 Washington Plaza West, in Reston.

Eligibility Criteria:

Eligibility for the program is based on:

1. Residency in Fairfax County (including the Cities of Fairfax and Falls Church);
2. Income at or below 200% of the Federal Poverty Level; **AND**
3. Absence of Private Health Insurance.

Enrollment Information:

All persons wanting to enroll into the program **MUST** be interviewed by an enrollment worker. Enrollment at Bailey's is limited, with clients being placed on a waiting list and allowed to enroll only when there is space available. Persons with transportation are encouraged to enroll at either North County or South County, and to also place their name on the waiting list at Bailey's for future transfer to that center should that be the more convenient location. At both North and South County Health Centers, enrollment is through an appointment process, with appointments scheduled approximately 4 weeks out. **Emergency Enrollment is available at all three health centers to patients meeting certain medical conditions with referral from a medical provider. All requests for emergency enrollment must go through the health center Medical Social Worker.** Persons who meet "emergency enrollment" criteria are allowed to enroll at any of the health centers (including Bailey's) within 2 – 3 business days. Emergency enrollment is available to persons with the following medical conditions: 1) uncontrolled diabetes; 2) uncontrolled hypertension; 3) severe cardiac problems (example: recent stroke); 3) HIV/AIDS; 4) cancer; 5) and other "life threatening" illnesses. To access enrollment through the "emergency enrollment" process, a medical professional must document the diagnosis and either the medical professional, or the client, needs to contact the medical social worker at the site where they want to enroll. Regardless of how a client enters the CHCN program (emergency enrollment, wait list or appointment), **ALL** persons must completely document their eligibility.

Required Documentation to Determine Eligibility:

1. Identification for every household member;
2. I-94 card for persons on a visa (CHCN does not serve visitors to this Country);
3. Proof of address;
4. Proof of income; AND
5. Insurance Verification Form completed by employer(s).

Once all required documentation is received and the client is found to be eligible, a clinic ID card is issued. Patients can then use the health center as needed. All care is provided by appointment.

Fee:

Office visits range from \$2 - \$10 depending on family size and income. Prescription co-pays range from \$5 - \$25 depending on the medication and the program's formulary. Not all medications are covered by the CHCN.

Health Center Services:

Well and sick care
Immunizations
Physical Examinations
Referral to specialists
Prescriptions
Diagnostic Testing
Lab Services
Nutrition Counseling

Important Phone Number:

For more information about the Community Health Care Network, please call the Administration Office or the health center, directly:

Chris Stevens, Program Director	703-246-2962
Robin Mullet, Assistant Program Dir.	703-246-2962
Marisa Barnes, Assistant Program Dir.	703-246-2962
Diane Crawford, Admin. Assistant	703-246-2962
South County Health Center	703-360-1390
Bailey's Health Center	703-237-3446
North County Health Center	703-689-2180



HEALTH DEPARTMENT PERSONAL CARE & RESPITE PROGRAMS

Program Overview – Personal Care Services:

The Fairfax County Health Department offers personal care services to adults in their home environment who require assistance due to physical disabilities, confusion, and/or memory loss **and** who do not have anyone willing or able to assist them. These personal care tasks can include assistance with bathing, dressing, hair and nail care, change of bed linens, meal preparation/monitoring and ambulation/transfer assistance. **Care is available Monday through Friday between 8:00 a.m. to 5:00 p.m., two hours per visit (some flexibility is available outside of these hours). Care is typically offered two to three times a week.**

Program Overview – In-Home Respite Services:

The Fairfax County Health Department provides in-home intermittent respite services to caregivers of adults requiring continual supervision due to confusion, memory loss and/or physical disabilities. This service can be added on to the personal care services. **Care is available Monday through Sunday, usually 4 to 6 hours per visit between 8:00 a.m. and 9:00 p.m. Care is typically offered two to three times a week.**

Program Overview – Saturday Center-Based Respite Services:

The Fairfax County Health Department offers 6 hours of **Center-Based** Saturday Respite services to adults requiring continual supervision due to memory loss, confusion, and/or physical disabilities. Saturday services are provided in a County Adult Day Health Care Center **between 10:00 a.m. and 4:00 p.m.**

Eligibility Criteria:

Eligibility for the In-home Respite and Personal Care Programs and the Center-Based Saturday Respite Program is **based on**:

1. Residency in Fairfax County (including the Cities of Fairfax and Falls Church); **and**
2. Age 18 and older (**The programs are open to all income levels**).

Admission Information:

To request **In-Home Respite and/or Personal Care Services**, the client, caregiver and/or a social worker contacts the nearest Health Department District Office and asks to speak to the Nurse of the Day. Information to be provided over the phone during this contact include: basic client demographics, source of referral, services requested, diagnosis and contact information on the responsible party. Health Department offices are located:

- | | |
|-------------------------|--------------|
| • Herndon/Reston | 703-481-4242 |
| • Fairfax City | 703-246-7100 |
| • Falls Church | 703-534-8343 |
| • Springfield | 703-569-1031 |
| • Mt. Vernon/Alexandria | 703-660-7100 |

To request **Saturday Center-Based Respite Services**, a family member/caregiver or social worker contacts Mary Jo Ivan, Respite Coordinator, at 703-246-3091. The first four pages of the Virginia Uniform Assessment Instrument (UAI) will be completed over the phone with available information. If the referring social worker has already completed the UAI, it can be faxed (703-385-3682) following the phone call to the Coordinator along with the Consent to Exchange Information. If space is available, the Coordinator will arrange for a home visit with the family member/caregiver and the client. If no space is available, the client's name will be placed on a waiting list and referred to other services, if applicable.

Required Documentation to Determine Eligibility:

The coordinator documents County residency and age of client based on a self-declaration by the client and/or the caregiver.

Fee:

In-Home Services

There is an hourly charge for these services, with a minimum of 2 hours per visit. Fees are based on the Health Department's sliding fee scale that looks at household size (client and/or client and spouse) and gross income. Fees range between \$0.00 and \$12.50/hour. **The fee scale is subject to change on July 1st of each year.**

Center-Based Saturday Respite Program

1. Fees are based on the Health Department's sliding fee scale that looks at household size (client and/or client and spouse) and gross income. Fees range between \$8.00 and \$61.00/day. **The fee scale is subject to change July 1st of each year.**

2. Medicaid reimbursement is available for clients who meet the financial **and** the functional eligibility criteria for the Medicaid Community Based Care (CBC) Waiver.

Important Phone Numbers:

For more information about the Health Department's Respite and Personal Care programs, please call Mary Jo Ivan at 703-246-3091.



HEALTH DEPARTMENT ADULT DAY HEALTH CARE

Program Overview:

The Fairfax County Health Department provides day health care services to adults who require supervision during the day due to physical and/or cognitive impairments. The program offers personal care, therapeutic activities, modified meals, health care supervision, and physical, social and emotional support in a safe, protective environment. Transportation via Fastran or other handicapped transportation services is available if needed. Services are available Monday through Friday from 7:00 a.m. to 5:30 p.m. Adult Day Health Care Centers are located in Annandale, Herndon, McLean, Lincolnia/Alexandria and Alexandria.

Eligibility Criteria:

Eligibility for the Adult Day Health Care Program is based on:

1. Residency in Fairfax County (including the Cities of Fairfax and Falls Church); **and**
2. Age 18 and older.

Admission Information:

A family member/caregiver or social worker calls the Adult Day Health Care (ADHC) Center nearest to the patient's home and speaks with either the nurse coordinator or office manager. The first four pages of the Virginia Uniform Assessment Instrument (UAI) will be completed over the phone with available information. If the referring social worker has already completed the UAI, a copy should be faxed or mailed to the center along with the Consent to Exchange Information. The patient's name will then be placed on a waiting list and/or referred to other services if applicable.

The patient and family member/caregiver will be contacted by telephone when an opening occurs and an admission assessment visit will be scheduled. Patients who meet Medicaid criteria for nursing home placement also qualify for the Medicaid Community Based Care (CBC) Waiver, which provides adult day health care and/or personal care services in the home. Patients who meet Medicaid criteria and want to remain at home should be screened while in the hospital for the CBC Waiver.

Transitioning Adult Day Health Care clients from the hospital back to the center:

Whenever an adult day health care client is hospitalized, the following information from the hospital will assist in transitioning the client safely back to adult day health care:

- 1) Hospital discharge summary; **and**
- 2) Physician orders for home care, physical therapy, occupational therapy, etc.
 - **Note: Patients with Medicare can now receive skilled care (PT, OT, RN services, etc.) at home and continue to attend Adult Day Health Care per recent act of congress (Beneficiary Improvement and Protection Act). Therapy can be arranged to take place at the center if necessary.**

Required Documentation to Determine Eligibility:

The coordinator documents County residency and age of the client based on a self-declaration by the client and/or caregiver.

Fee:

1. Fees are based on the Health Department's sliding fee scale that looks at household size (client and/or client and spouse) and gross income. Fees range between \$8.00 and \$61.00/day. **The fee scale is subject to change July 1st of each year.**
2. Medicaid reimbursement is available for clients who meet the financial **and** the functional eligibility criteria for the Medicaid Community Based Care (CBC) Waiver.
3. Veterans Administration benefits are available for qualified veterans at the Mount Vernon Adult Day Health Care Center 2 days per week.

Important Phone Numbers:

For more information about the Adult Day Health Care Centers, please call the Administration Office or the adult day health center, directly:

Kay Larmer, Program Coordinator	703-246-2947
Annandale Adult Day HealthCare Center	703-750-3316
Herndon Harbor Adult Day HealthCare Center	703-435-8729
Lewinsville Adult Day Health Care Center	703-734-1718
Lincolnia Adult Day Health Care Center	703-914-0226
Mount Vernon Adult Day HealthCare Center	703-799-8570